



October—Healthy girls

► Girls Club M & W
3:30-5:30
Girls Life T & TH
3:30- 5:30p

Sun	Mon ages 8-11	Tue ages 12-14	Wed ages 8-11	Thu ages 12-14	Fri	Sat
					1	2
3	4 HEALTHY SNACKS	5 HEALTHY SNACKS	6 FITNESS FUN <u>Open House All</u> <u>5:45p-6:45p</u>	7FITNESS FUN	8	9
10	11 TAKING CARE OF MIND BODY & SOUL	12 TAKING CARE OF MIND BODY & SOUL	13 PAMPERING & POETRY	14 PAMPERING & POETRY	15	16
17	18 HIP HOP DANCE	19 HIP HOP DANCE	20 WRITING CIRCLE	21 WRITING CIRCLE	22	23
24	25 COOKING	26 COOKING	27 No Girls programs	28 HARVEST CELEBRATION BOTH GROUPS	29	30 <u>FIELD TRIP</u> MAKE A DIFFERENCE DAY

Agenda

3:30-3:45 Arrival/Snack
3:45-4:00 Icebreakers
4:00-5:00 Activity/
Speaker
5:00-5:15 Warm down
5:15-5:30 Clean up/
Announcements

4022 Glenway ave
Cincinnati, Oh 45205

Contact: Ms. Jori
513-471-4673
jcotton@thewomensconnection.org
Please leave a message
if your daughter will not
be attending. Thanks!